

Langtree Parish Magazine



Langtree Rainfall

From Joan Lampard

The Parish magazine team would like to apologise for the slightly delayed March edition. Unfortunately sometimes life takes over and some things have to give way...

However - The good news is we now have some Langtree parishioners on-board to help put the magazine together, which will help things enormously.

I would like to thank everyone for their continued support with the magazine, please do keep the submissions coming in – *please note the change of submission email address to magazine@langtree.net please use this for all new magazine articles.*

The summer is looking to be a busy one – there's lots going on such as the Parish Show, The Langtree Tractor run and a Vintage vehicle rally – it all looks very exciting!

magazine@langtree.net

www.Langtree.Net

	2013 (mm)	2014 (mm)	2015 (mm)	2016 (mm)	2017 (mm)
Jan	142	246	212	211	106
Feb	55	166	84	153	85
Mar	97	63	63	99	118
Apr	27	79	37	49	
May	81	118	94	57	
Jun	41	64	60	108	
Jul	26	44	106	30	
Aug	88	127	142	65	
Sep	63	9	101	109	
Oct	172	113	58	51	
Nov	116	97	179	141	
Dec	180	172	163	47	

	MM	Inches
2009	1081	43.24
2010	859	34.00
2011	955	38.2
2012	1560	62.40
2013	1089	44
2014	1298	51.1
2015	1299	51

Next Deadline 16th June 2017 for July Edition

Langtree Chapel News

Since our last newsletter we have heard that the 67 shoeboxes we packed have gone to Children in Belarus! They were sent via Grosvenor Church in Barnstaple, one of our local collection and checking centres. Thank you to everyone who helped in any way. We are hoping to support this charity again in 2017 so watch this space for more details in subsequent magazines!

We have continued over the winter months to have our Thursday evening bring and share meal and Bible study/discussion/DVD. We always have a lovely meal and plenty to talk about. Please feel free to join us and see for yourself! (Contact Mary on 601350 for details)

Our service dates for the next three months are as follows (all at 11am):

April 30th	Julia Spencer	Sunday School
May 7th	Local Arrangement	Sunday School
May 14th	United Service at Parish Church	
May 21st	Rev Hill (Communion)	Sunday School
May 28th	Local Arrangement	Sunday School

*Praise the Lord, all you nations;
Extol him, all you peoples
For great is his love towards us
And the faithfulness of the Lord endures forever.
Praise the Lord
Psalm 117... May God bless you all - Cathy Ley*

The Phipps Charity

This is our own Langtree Parish Charity and has been in existence for a very long time. It was originally two separate charities but they were so "joined at the hip" so to speak, that a couple of years ago they were merged into one under the name of The Phipps Charity.

The object of this charity is to provide a small monetary gift, annually on each Good Friday, to deserving parishioners, and another sum towards the Church and the upkeep of the graveyard. These sums are not large but are a significant token of recognition. Virtually anybody can be nominated to be a recipient, with really the only criteria being that a recipient must live within the parish. Maybe you have someone in mind who might be nominated.

Mike Evans [Secretary, The Phipps Charity]



Final preparations are well underway for this years' event. This is our 10th Vintage and Classic Vehicle Rally being held on Sunday 30th April 2017. Last year over 1000 people came to the day and we hope the same this year will be the same if not more as we have even more going on throughout the day being our 10th year!!

Merton is on the A386 between Torrington and Okehampton. We have plenty of free parking and we look forward to welcoming you all on the day.

£3 adults; £1 child; under 5's FREE. 11 am – 5 pm.

10th Merton Vintage and Classic Vehicle Rally

Sunday 30th April 2017

11 am – 5 pm

Tom's Top Tip

Use 112 in an emergency instead of 999, it's the national emergency number for over 90 countries and the list is growing, so if you are on holiday you will know how to get help!

So what's happening at Langtree Parish Hall?

www.langtreeparishhall.co.uk

In this magazine you will find a copy of the receipts and payments for the year ending 30th September 2016. It was a successful year with hall hire revenue up and new groups using the hall. Toilet refurbishment will be done later this year and other improvements such as new lighting in the foyer have been completed.

There is also a schedule for the Parish Show, which takes place on Saturday August 12th. A long way off I know but it will be time to order and plant seeds, make craft items or take photographs. For any readers new to the Parish this is a fun afternoon and not as serious as it might look from the rules and schedule. We try to get as many entries as possible. Over the last couple of years there has been a stunning collection of photographs and a wealth of talent shown in the craft sections. Last year, for various reasons, the food entries were reduced and also the vegetable section so hope to see more this year.

Our Christmas Lunch held in early December was too crowded due to trying to please everyone who wanted to come. In previous years a flu bug had struck just before the lunch and as many as 20 had to cancel at the last minute. In 2016 this did not happen and the bug that went through the Parish happened some 3 weeks later.

We resolved the following at Committee:

Numbers for the Christmas lunch would be limited to 200.

Once this number was reached a waiting list would be made.

Actual numbers to be confirmed at least 1 week before so that if there were cancellations, places could be offered to those on the waiting list.

It was agreed not to collect money before hand.

All the meals consist of main course, dessert, cheese and biscuits, glass of wine, tea/coffee...

Dates for Sunday lunches are as follows:

Sunday 11th June from 12.30pm Cold meats, hot potatoes, selection of salads £12.50 (in aid of Church yard fund)

Sunday 10th September from 12.30pm Roast, 2 meats etc. £14.00

Sunday 3rd December from 12.30pm Roast turkey, and 1 other meat, trimmings, crackers etc. £17.50p

Vegetarian option available at booking...

As mentioned in the last magazine we have been awarded £16200 from New Homes Bonus from Torridge District Council. This money has been credited to our account. I had hoped to report that work had started on completion of the changing rooms but due to matters outside of our control this is not the case.

When the services are connected to the changing block and land signed over to Langtree Parish Council work can begin. Estimates for the toilet and shower facilities in the changing room and the toilets in the Parish Hall will be sourced together to try to keep costs down.

Private functions in March, April and May include 4 weddings, 2 wedding anniversaries, 2 private parties, christening, a private lunch, 2 games sessions and some training sessions for local businesses.

If you wish to book the hall for an event or just want a chat on what we can do give me a ring 601602. Our rates are reasonable and we have good facilities.

For Parish bookings session rates are as follows: -

	<u>Main Hall</u>	<u>Full kitchen</u>	<u>Committee & Leader rooms</u>
8am -1pm	£40	£40	£5 per hour
1pm - 6pm	£40		
6pm -12am	£60		

Children's party includes kitchen preparation 3 hours £30

Whole complex -9am Friday - Sunday 12 noon £350

Langtree Parish Hall Accounts Year Ending September 2016

Receipts			
Fundraising income			
Entertainment			2198
Bar sales			30479
Food sales			14278
Draw/Auction etc			2107
Hire of Hall			16585
Donations			50
Wayleave - Open Reach			0
EDF - VAT refund			2181
EDF - Feed in Tariff			3152
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Payments			
Fundraising expenses			
Bar supplies			16485
Food and kitchen supplies			3993
Draw expenses			356
Entertainment			2859
Cleaning			2848
Light and heating			6451
Insurance			1300
Water rates			3014
Professional fees			450
Stationery and postage			112
Licences			359
200 Club			0
Miscellaneous			553
General repairs			12255
Donations	1		451
Website expenses			104
WiFi			639
			<hr/>
			52229
Assets purchased	2		3116
			<hr/>
Total payments			<u>55345</u>
Net receipts and payments			<u>15685</u>
Cash funds brought forward			<u>44641</u>
Cash funds carried forward			<u>60326</u>

Langtree Community Garden – Spring Update...

Yes Folks it's finally official!

The District and Parish Councils have issued the License required for our Community Garden. They have also saved half the field for Allotments and there may still be a couple up for grabs. – *Check with the Parish council for details.*

We are hoping that everyone may pull together to get the garden up and running.

At the moment we are proud tenants of half a flattened muddy field! However the weather is finally improving, and we have been very fortunate in having the help of Mr. Geoff Bond, who has already stripped the field of brambles and various other unwanted items and flattened it out, and is now waiting to dig to get ready ready for use.

He will also be laying a gravel path to separate the Garden from the allotments. We are all indebted to him, perhaps, free veggies for life!

There is still a lot to achieve, and we are hoping for everyone's help no matter how small.

Once we are up and running, and able to start planting, anything you can spare i.e. plants, bulbs, slabs, garden sheds etc. would be great fully received, don't forget this is a garden for the whole village to enjoy.

To donate please contact Sue Leach on Langtree - 601348.

In the next Issue we hope to announce an open day, and show you what it's all about.

We look forward to hearing from you.

Langree Parish Council – March Minutes Highlights

TDC. Cllr Hurley reported that there will be changes to waste collection. The black bags will now be collected fortnightly, but food waste will be collected weekly. The Boundary Commission has tendered its report, recommending reducing the number of electoral wards, resulting in 5 wards each with 3 councilors, 10 with 2 councilors [ours is in this category] and one, at Winkleigh with just 1 councilor.

Torrington Lloyds bank will close on 26th June, leaving no banks in the town. The Post Office is to move to the McCoys convenience store, date yet to be determined.

Planning. Application by DCC to retain temporary classroom at Langtree Community School. Accepted unanimously.

District Councilor David Hurley

Since my previous contribution to Langtree News the Government has triggered Article 50 and Brexit comes closer to fruition. Hopefully this will have a positive outcome for all of us.

On a much more local level, I sat on the Devon and Cornwall Police and Crime Panel at the beginning of February in Plymouth where the budget for this year was debated and agreed upon. It was decided that the Devon and Cornwall precept would be increased by 1.99%, which, unfortunately, means an increase in the amount, we will pay in our Council Tax. This, together with a release of £24 million of funding authorized by the Police and Crime Commissioner Alison Hernandez, will allow another 94 police officers to be employed and the recruitment of new police staff in investigative roles over the next 4 years. The demands of policing nationally are changing and they face increasing threats from organized crime and terrorism. In addition, new and emerging threats from cyber-crime, child sexual exploitation and modern day slavery have to be dealt with. The boost in front line police officers is certainly to be welcomed. The downside is that the number of PCSO's will be reduced by up to 130 to help pay for these officers and the cost of combating modern crime. A lively debate followed this announcement and it was clear that many of the Committee were unhappy that so many PCSO's would potentially be lost. I stated to the Chief Constable that in rural areas like ours the PCSO's are the public face of policing and are, in general, our only contact with a shrinking police force. He replied that he would keep as many PCSO's as his budget would allow. Councilors at Torridge have recently received a letter from Devon and Cornwall Police assuring us that PCSOs will still remain a valuable and essential part of local policing teams.

You may by now have heard or read that the Post Office in Torrington is planning to move to McColls opposite the BP garage. This seems to be a trait up and down the Country where Post Offices move into shared premises usually as a result of having to cut costs. My concern, and I've had several residents voice the same concern to me, is that parking at the new location may well be a problem. At its central location in Torrington it was possible for residents with walking difficulties to park, go to the Post Office, and get back to their vehicle within the 30 minute parking period. That option is now partially curtailed due to the lack of parking at the new location.

In these financially challenged times I was pleased to be able to help Friends Of Langtree Park with a donation from the New Homes Bonus, Ward Fund, that has enabled them to install some much needed new play equipment for local children to use. This source of funding, I'm pleased to say, is to continue in the forthcoming year (2017/18) albeit in a slightly modified form.

Torridge District Council recently had a Peer Review carried out by the Local Government Authority Peer Review Team. The team comprised 5 people including the Chief Executive of Arun District Council, Corporate Director of South Staffordshire District Council and the Leader of Daventry District Council. In all they spoke to around 70 people including the Leader of the Council and the senior management Team. First reports are that the review went well. Councilors are meeting near the end of May to discuss the Full report and to how to implement any recommended improvements.

Council Tax has once again been increased. Unfortunately, this is due to Central Government once again cutting funding to Local Councils, and the only way for Councils to maintain services is by increasing Council Tax. Councilors certainly take no pleasure in making the decision to increase any charges, least of all Council Tax, but are left with no choice other than to do so. At this juncture I would like to say that Torridge District Council only “benefits” by 9p for each £1 that is paid in Council Tax. The other 91p mainly goes to Devon County Council and the Police and Fire Service precepts.

Torridge District Council are proposing a change to the Waste Collection Service. This would entail a fortnightly collection of black bags (TDC will be the last Council in Devon to go to fortnightly collections and in fact East Devon are about to commence three weekly collections of black bags), a weekly collection of food waste collected in a plastic caddy and fortnightly garden waste collection via wheelie bins for an annual charge of around £35. The new service should be up and running by the summer of 2018.

Finally, let me once again mention the state of our roads and in particular the dreaded potholes. The roads fall under the remit of Devon County Council and I can assure you that I take every opportunity to press for urgently needed repairs when I come into contact with Highways Officers and County Councilors. Money, or lack of it, is of course the problem. Skanska have recently started as the new contractors for roads in Devon. First reports are positive with regard to road repairs so hopefully this will continue. Potholes can be reported to Skanska via the Devon County Council website and I urge you to do so.

Kind regards

David Hurley

Langtree WI

What a programme we have this year!

We have already had some delicious recipes for truffles and sweets of all descriptions from Anne Bacon in January. Followed by a bird's eye view of Ecuador and the Galapagos Islands in February. At the March meeting we will be making "Bath Bombs" for friends, family and ourselves!

We have much to look forward to in the coming months, we are "Driving for Longer" in April, Members exchanging skills in May, June finds us perfecting our Jams and preserves, and a brilliant talk from a "Devon Freewheeler" in July. We have our summer outing in August, something we will be planning soon. This is usually a visit to somewhere interesting or picturesque that always includes much eating to be undertaken! We have basic First Aid Skills with Jill Carter in September, and in October we have best advice for those that wish to create a new fruit and veg garden. Christmas decorations will be keeping us busy in November and then we have our Christmas Party! We also have a new sub-committee busy planning outings and lunches for us to undertake throughout the year! Can't wait to see what the next event will be.

Our numbers have grown to 35 this year but we still have plenty of room for you, if you are thinking of joining us. All visitors will receive a warm welcome at any of our meetings, which are held at the Parish Hall 7.30pm every third Wednesday of the month. Come along and see what you could be missing. - *Sylvie Smith*

Hobby Group

We meet every Tuesday morning in the Parish Hall Leader Room at 10.30am – 12.30pm. For the princely sum of £1.00 per person you will have a lovely morning with like- minded people, chatting and enjoying tea/coffee biscuits and sometimes CAKE! All welcome to come along and enjoy what "you like to do" among friends new and old!

Any questions call Sylvie - 01805 601485

10th Langtree Parish

Show Schedule

August 12th 2017

SECTION 1 – VEGETABLES Classes 1- 25

- 1 Potatoes, white, (5).
- 2 Runner beans, (6)
- 3 Carrots (3)
- 4 Beetroot, 3 tops trimmed to 5cm
- 5 Shallots, (9)
- 6 Onions sown from seed, trimmed and bound (3),
- 7 Onions, sets, trimmed and bound, (3)
- 8 Marrows, should not exceed 38cm (15in), (2)
- 9 Cabbage, (1).
- 10 Leeks, (3).
- 11 Courgettes, between 10cm&20cm (4in - 8in), (3)
- 12 Tomatoes, red, (5). (Calyx attached) not including cherry
- 13 Tomatoes, cherry, (5). (Not to exceed 35mm diameter)
- 14 Cucumber, (2).
- 15 Radish, (5)
- 16 Pepper, hot (chilli) or sweet, any colour, (2)
- 17 Collection of 5 kinds of salad vegetables (displayed in a basket)
- 18 Container of herbs minimum of 4 types (must be named)
- 19 Collection of 4 kinds of vegetables displayed in a box or basket.
- 20 Any vegetable not listed in the classes above (1) (must be named)
- 21 Longest Runner Bean
- 22 Longest carrot
- 23 Heaviest cabbage
- 24 Heaviest potato
- 25 1 vegetable, 1 cut flower

SECTION 2 - FRUIT AND FLOWERS Classes 26 – 47

- 26 Rhubarb, 3 sticks, with foliage trimmed to 5cm
- 27 Any fruit (3) (to be named)
- 28 A vase of 5 roses (minimum 3 distinct varieties).
- 29 Rose, 1 specimen in a container, own foliage only.
- 30 Floribunda roses, 1 stem or spray in a container.
- 31 Dahlias (3) in a vase.
- 32 Collection of fuchsia heads (6) (displayed on a board)
- 33 Fuchsia head/heads floating in a wine glass
- 34 Hydrangeas (3)
- 35 Sweet Peas, one variety (5)
- 36 Sweet peas minimum of 3 varieties (9)
- 37 French Marigolds (5)
- 38 Asters, double (3)
- 39 Asters, single (3)
- 40 Vase of mixed garden flowers (herbaceous perennials, annuals may include roses but not other shrubs)
- 41 Vase of mixed flowers (may include shrubs predominately of one colour)
- 42 Any 1 individual bloom (not from the above)
- 43 Gladioli (4 stems in a vase)
- 44 Pot Plant, flowering, pot up to 6 ins in diameter
- 45 Pot Plant, foliage, pot up to 8 ins in diameter
- 46 Pot of Begonias grown from a corm in flower, pot up to 8 ins
- 47 Cactus 1

NB: Please check number of specimens required in each class.

SECTION 3 - FLORAL EXHIBITS Classes 48 - 54

Except where stated, entries should not exceed 60cm (2ft) overall

- 48 Where have all the flowers gone - an arrangement may include foliage, seed head, twigs but no flowers
- 49 A Christmas table decoration to include a candle
- 50 A garden border of flowers and foliage (24in)
- 51 An arrangement with driftwood
- 52 Happy Hour – an arrangement incorporating a wine bottle and a glass
- 53 Floating heads arranged for effect max size of container 9ins
- 54 Petite arrangement not to exceed 25cm (10in) in any dimension predominately in one colour

SECTION 4 - CHILDREN'S CLASSES 55 -75

Age to be clearly stated on all entry forms in years and months

Age 4 and under

- 55 A picture using vegetable printing
- 56 A pasta picture
- 57 A decorated jam jar (the jar does not need to be refillable)
- 58 A monster made from junk

Ages 5-7 (key stage 1)

- 59 A decorated jam jar (The jar does not need to be refillable)
- 60 Make a sock puppet. Take a clean sock and turn it into a person or animal
- 61 A drawing /painting/colouring of bird or birds
- 62 3 decorated digestive biscuits
- 63 A robot made from cereal packet and other recyclable objects

Ages 8 – 11 (key stage 2) and also ages 12 – 14 (key stage 3) judged separately

- 64 Turn an egg box into something else. You can use more than one egg box
- 65 An arrangement in an unusual container
- 66 Photograph- Animal portrait – pet, farm, wild, or zoo
- 67 Photograph – Water
- 68 Photograph – An amusing photograph with a caption
- 69 An edible necklace
- 70 Items in a standard match box – give a list

- 71 An item I have made in the last year
- 72 A theatre in a shoebox. Take a shoebox, turn it on its side, add curtains, scenery, backdrop and 2 characters
- 73 Make any recipe using cheese
- 74 Give an old item new life – up cycling
- 75 4 decorated cup cakes

SECTION 5 – EATS AND DRINKS Classes 76 - 95

All exhibits in Classes 83- 95 to be loosely covered in cling film.

- 76 Malted wholemeal bloomer - from recipe.
- 77 Victoria sandwich jam filled 7"
- 78 Novelty cake for children's birthday
- 79 Cheese and apple bread - from recipe
- 80 6 chocolate brownies,
- 81 Lemon drizzle cake
- 82 Any cake which is gluten free.
- 83 Biscuits, 12,
- 84 Scones, plain, 4.
- 85 Quiche, any variety (18 - 20cm or 7 - 8 in)
- 86 Sticky ginger and beetroot muffins - from recipe
- 87 Any named desert in an individual glass
- 88 Homemade confectionary – any variety or mixed e.g. fudge, chocolates, truffles 10 pieces
- 89 Bread machine made
- 90 1 bottle of homemade red wine
- 91 1 bottle of homemade white wine
- 92 1 bottle of tea wine - from recipe
- 93 1 bottle of elderflower champagne - from recipe
- 94 1 bottle of sloe gin
- 95 1 bottle of any other liqueur

JAMS, PICKLE, CHUTNEY – 340gm (12oz) or 450gm (1lb) jar Classes 96 – 103

Entries will be judged on the content and overall presentation.

- 96 Strawberry jam
- 97 Raspberry jam
- 98 Any other named jam
- 99 Lemon Curd
- 100 Seville Marmalade
- 101 Any other marmalade
- 102 Chutney
- 103 Pickle

EGGS

- 104 6 hens' eggs – one colour
- 105 6 mixed hens' eggs

Section 6 CRAFTS Classes 106 – 123

- 106 Hand knitted adult article in double knit
- 107 Hand knitted article 3 or 4 ply (please show ply bands or labels)
- 108 An article of patchwork
- 109 An article of crochet
- 110 An article of embroidery
- 111 A tapestry not to exceed 70cm x 70cm
- 112 A knitted soft toy
- 113 A book mark any medium
- 114 A cushion – not to exceed 50cm in any dimension
- 115 Something new from something old
- 116 An item of cross stitch not to exceed 60cm x 60cm
- 117 A pin cushion
- 118 An item of woodwork max 60cm x 60cm
- 119 An item of turned wood
- 120 Handmade Jewellery Item
- 121 A water colour of still life max dimension 45 cm
- 122 An oil or acrylic painting Seascape / landscape Maximum dimension 45cm (18in)
- 123 A plant painting any medium

PHOTOGRAPHY Classes 124 - 131 All photographs to be unframed. Maximum size A4

- 124 Rivers / Streams
- 125 Farm Animals
- 126 Shadows
- 127 Faces
- 128 Exterior abstract
- 129 Panoramic
- 130 Graveyards
- 131 Macro (close up)

Admission Adults 50p Children 20p

Rules for Entries

Classes are open to residents of Langtree Parish and those outside the Parish who are members of Clubs or Societies that meet regularly in the Parish Hall. This includes Langtree Primary School, WI, History Group, Short Mat Bowls. Maximum 2 entries per class.

Entry fee is 15p per exhibit. Under 16's free in own classes but they may enter other classes on payment of the fee.

All entry forms with correct fee to be returned to Old Rectory Langtree or box at the Parish Hall by 12 noon on Thursday 11th August

Exhibits to be staged by 10.30am on 13th August. Doors open at 8.30am but will be locked at 10.30am.

No exhibitors or any other person except judges, stewards and committee members to be present during judging.

Exhibitors must provide own vases, plates etc

All exhibits of Fruit, Flowers or Vegetables must be grown by the exhibitor. (Except flower arrangements)

Prizes in each class 1st £1.50p 2nd £1.00p, 3rd 50p. However judges may withhold prizes if there are insufficient entries in any one class or where they think they are not merited. To award 3rd prize there must be a minimum of 5 entries in that class.

- **The decision of the judges is final.**

Recipes

Malted Wholemeal Bloomer Class 79

Ingredients

- 350g (12oz) malted wholemeal flour
- 125g (4oz) strong plain flour
- 2 tsp salt
- 25g (1oz) fine oatmeal
- 2tsp dark brown sugar
- 7g sachet of easy blend dry yeast
- 150ml (quarter pint) warm water
- 150ml (quarter pint) skimmed milk
- 2 tbs oil, plus extra for greasing
- To finish; beaten egg and 15g (half oz) pumpkin seeds

Method

1. Sift flours and salt into large mixing bowl, adding bran left in sieve. Stir in oatmeal, sugar and yeast
2. Make a well in the centre of dry ingredients and add water milk and oil.
3. Mix to form soft dough and turn onto lightly oiled bowl and cover with cling film.
4. Leave to rise in warm place for 1.5 hours or until doubled in size,
5. Knock back the dough for 5 minutes and shape into an oval about 25cm (10in) long and 10cm (4 in) wide
6. Using a sharp knife ,make 3 diagonal cuts across the top. Place dough on lightly greased baking sheet and cover with oiled cling film
7. Leave to rise for 15 mins. Brush the loaf with beaten egg and sprinkle with pumpkin seeds.
8. Bake at 220C (425F) for 10mins. Reduce

temperature to 190C (375F) and cook for a further 30mins.

9. Cool on a wire rack

Cheese and apple bread - Class 82

Ingredients

- 225g (8oz) S.R. flour
- Half tsp salt
- 25g(1oz) butter
- 1 eating apple
- 100g (4oz) grated cheddar cheese
- 50g (2oz) shelled walnuts chopped
- 1 egg
- 150ml(quarter pint) milk

Method

1. Preheat oven to 190C (375F). Grease and line with baking or grease proof paper a 450g(1lb) loaf tin
2. Sieve flour and salt into a bowl
3. Rub in the butter until mixture resembles fine bread crumbs.
4. Peel, core and finely chop apple and add to dry ingredients with the cheese and walnuts
5. Mix in the beaten egg and milk
6. Put into the greased and lined loaf tin and bake in preheated oven for 45 mins
7. Cool on a wire rack.

Sticky ginger and beetroot muffins - Class 90 Makes 12 but exhibit 6

Ingredients

- 200g (8oz) golden syrup
- 200g(8oz) black treacle
- 150g (6oz) unsalted butter
- 125g (5oz) dark brown sugar
- 100g (4oz) stem ginger finely chopped
- 4tsp ground ginger
- 2 tsp ground cinnamon
- 250g (10oz) pack cooked beetroot
- 250ml milk
- 2 medium eggs, beaten
- 1 tsp bicarbonate of soda
- 300g (12oz) plain flour

For the icing

- 150g(6oz) icing sugar
- Zest of 1 lemon ,plus 1 tbsp lemon juice

Method

1. Preheat oven to 180C/ Fan 160C Line a large 12 hole muffin tray with cases
2. Place golden syrup, black treacle , butter, sugar,

stem ginger, ground cinnamon and ground ginger in a pan and warm until the butter and sugar have melted

3. Puree the beetroot with the milk, eggs and bicarbonate of soda. Add to the slightly cooled sugar mixture ,mixing well
4. Sift the flour into a bowl then beat in the beetroot mixture until the mixture is smooth.
5. Divide between the muffin cases .Bake for 15 – 20 minutes or until firm but springy to the touch. Remove from the tray and leave to cool **on a rack.**
6. While cooling, make the icing. Mix the icing sugar with the lemon zest and juice to make a smooth paste. Drizzle over the muffins when completely cool.

Recipe for Tea Wine Class 99

Ingredients

- 4 tablespoons of loose tea (any, some scented teas make lovely wine)
- 2.5 lb Sugar
- 2 tsp citric acid
- 1 gallon of water
- Yeast and nutrient

Method

1. Pour the boiling water over tea and sugar, stir well and infuse until cool.
2. Strain into fermenting jar; add citric acid, nutrient, yeast and top up with cold water.
3. Fit a cork and air lock, ferment out and rack.
4. Bottle as usual when stable.
5. A clear dry wine excellent for blending should result!

Recipe for Elderflower Champagne Class 100

Ingredients

- 4 heads of Elderflower
- 1.5 lb sugar
- 2 tablespoons of white wine vinegar
- 1 gallon of water
- 2 lemons

Method

1. Put elderflowers, sugar, vinegar and water in a bucket. Squeeze lemons and add juice to the bucket.
2. Cut lemon skins in quarters and add to the liquid.
3. Leave to stand for 24hours stirring occasionally
4. Strain and bottle into screw top bottles

Ready to drink in a few days

SIGN UP TO NIGHTWALK, SUPPORT THE WORK OF HOSPICE NIGHT NURSES

Women across North Devon can now sign up to Nightwalk 2017, after registrations opened this month. The ladies-only moonlit walk takes place on Saturday 20th May and is celebrating its 10th anniversary. Those taking part will be helping to raise £100,000 for North Devon Hospice nurses who provide care during the night.

Nightwalk has become the single largest charity event in North Devon, after bursting onto the scene 10 years ago. The 2017 edition is set to be the biggest and best yet, with new routes, more entertainment and plenty of surprises in store.

Ali Hunt, head of fundraising at the hospice, hopes that local women will rally to the cause. "North Devon Hospice is providing more care during the night than ever before. Both on our Bedded Unit and in people's own homes, the need for round-the-clock nursing is growing. We need the ladies of North Devon to step up to the challenge and step out for Nightwalk 2017. Help our nurses be the light in the dark for hundreds of local families."

Ali added that Nightwalk 2017 will be a festival of colour and lights. "This will truly be an experience not to be missed. The sight of 1,000 women walking together, all dressed in neon and flashing lights, is spectacular. We've also added lots more features to the night including a prosecco bar, fire performers, live music, light shows and Nightwalk t-shirts available to all walkers. We have set a target of raising £100,000, which would help fund our team of nurses who care for patients during the night, both at home and on our Bedded Unit. So please sign up now and help make a difference to local people who need their local hospice."

Starting points are at Barnstaple, Instow, Bideford, Torrington and Tamar Lakes (near Holsworthy), and route lengths range from 3 to 11 miles. So there really is a Nightwalk for everyone. Buses will be on hand to take Nightwalkers back to their starting point

This is a perfect chance to support a worthy charity and have a great night out with the girls. So join hundreds of other local women who will be walking for the same cause and show everyone how much you support the work of North Devon Hospice. - Visit www.nightwalk.co.uk to sign up today.



Langtree Tractor Run 2017

SUNDAY 18TH JUNE 2017
leaving at 10am

From East Browns Farm, Langtree, EX38 8NN
(Look out for signs between Stibb Cross & Langtree)

- Please support us and take part in our Raffle on the Day
- Tickets are £10 per adult, £5 per child which will include Food & Drink
- Tractor Run will finish at the Langtree Parish Hall
- Tennacott Farm Dairy Ice-cream Van will be with us again
- Community Trailer available for those without a Tractor
- New Route in the Planning
- This is a family fun day not to be missed!

GREAT FAMILY DAY OUT

SMASHING SUCCESS
LAST YEAR

CELEBRATE
FATHERS DAY WITH
THE COMMUNITY

IN AID OF LITTLE
BEARS PRESCHOOL,
SHEBBEAR

MORE INFO ON THE
FACEBOOK EVENT
PAGE..

(LANGTREE TRACTOR RUN)

Please contact

Hayley Bond
01805 601502

hayleybond81@gmail.com

to book tickets for catering
purposes before the

4th June 2017

Friends of Langtree Park



Christmas seems a long time ago now but our Story with Santa was a huge success and the best yet. Many thanks to Bryan and Nicola Poulter for their kind donation, which allowed us to make it a great afternoon. And thank you to everyone who came and supported us; we hope you all enjoyed it as much as we did.

Also a big Thank You to Councillor David Hurley for the success of our TDC grant application, which has enabled us to purchase our biggest additions to the park so far..



We are all very excited to have finally reached this goal and hope that you all love the new equipment.

As a thank you to everyone who has donated, supplied, volunteered and generally given us the support to get where we are today - We are proposing (weather permitting) to have a community celebration afternoon in the park on **Saturday June 3rd from 2 - 4pm**, Bring your own picnic and have some fun with the rest of the community.

*You can visit our facebook page for more details on this and other future events by searching for: **Friends of Langtree park.***

Langtree Short Mat Bowls Club

The club has roll-ups on a Monday evening (7.30pm) and Wednesday afternoons (1.30pm), and also in the winter season on Wednesday evenings (7.30pm). If you are interested in joining please just come along on a Monday evening or Wednesday afternoon.

The club now has 25 members, and of these 20 choose to participate in league matches. Our approach to league matches is to target the North Devon & North Cornwall Evening Triples Division 1 with our best and most experienced players, and this year we completed an amazing double of winning the division in both the summer and winter season.

In the ND&NC Winter Afternoon Triples Div 2 we played a mixture of players and finished fourth. In the winter season we entered a team for the first time in the Merton League Afternoon Triples, Div 2, playing a mixture of experienced, less experienced and even new players, and won the division. We also finished mid table in the Merton Evening Fours, Div 1.

The year proved to be extremely successful, the newer players becoming experienced in league competition, and congratulations to all who played. However there is no obligation for any player to do more than turn up and enjoy a roll-up session if preferred.

The children at Langtree School have continued to show great enthusiasm and talent in the session we hold for them on Wednesday lunchtime, and it has been a pleasure to teach them the game. Particular thanks are in order to Andy & Margaret Roe for their organisation of these sessions.

This month also saw a challenge of Langtree Skittle players and Short Mat Bowlers at both events, and proved to be a fun evening, and it is hoped will become an annual event.

Contacts: Graham Carswell 01805 601117, Andy Roe 01805 601377, Bob Hinsbey 01805 601282, Barbara Gould 01805 601932



A Very Happy New Year, and Spring News from Langtree Community School

We have all returned to school in the New Year full of excitement for the new term and enjoying looking for signs of Spring around our site, including emerging daffodils and tulips planted in the Autumn by our Wildlife and Gardening Club, and a pond full of very busy visiting frogs!

We have enjoyed taking part in a variety of sporting events so far this term including a Quicksticks Hockey Tournament, and High5 Netball Tournament, and, in a few weeks, a Football Tournament at Great Torrington School. We are always impressed by our teams' courteous high standards of play and enjoy taking them to other venues to represent Langtree School. Well done to them all for taking part.

Langtree Nursery: Application for Places We are pleased to let you know that spaces at our Nursery are in high demand at the moment! Children are eligible for fifteen hours of free early education and care the term after their 3rd birthday. We are able to offer five, three hour morning sessions with three points of entry into Nursery – September, January and after Easter (just as long as places are available). If you would like to let us know that you are interested in a space for your child in the future please be in touch to request a 'Note of Interest' form to complete and return to us using the contact details at the end of this article. Applications for Nursery are administered by the school and, once your place has been confirmed, we will be in touch well in advance of your child starting with us to chat about familiarisation sessions, and visits to come and meet us. Please contact the school office for further details about Nursery start dates.

Langtree All Saints Church

Team Rector: Revd Martin Warren, tel: 01409-281424

Team Vicar: Revd Susannah Metz, tel: 01837-810621

Dear Friends,

I have certain sympathy for Brenda from Bristol. When asked about the just announced general election, she couldn't believe it: 'Not another one!' And just as we were beginning to feel summery and relaxed. It was still the Easter holidays. Maybe I'll be a hermit for the next few weeks and re-emerge in June.

Oh well, I suppose it means we can have our say. And that does matter. This is a chance to shape what our country is like in the years to come as we move on from the EU. Will we be inward looking - or hospitable and welcoming? Will we simply look after number one, or will we be concerned for those far less fortunate than ourselves? Will it simply be money that rules our lives – and so those with lots of it – or will we look to each other and it be people that are the bottom line? And how much does our planet matter and the world in which God has placed us?

But the fact that this campaign all began at Easter gives me hope. For however much the powers of this world think it is all about what they can do or not, Easter tells us otherwise. The greatest power in the world of the time had put Jesus to death. But it didn't get the last word. The tomb was empty and the authorities couldn't find the body. after death – but about life before death too. It's a different way of life. And in the end all the powers of this world will have to give way to the supreme power. Hard or soft Brexit, austerity or not, none will get the last word. That goes to the resurrected Jesus.

Have a happy election campaign!

Yours,

Martin Warren.

****MISSING DOG**** Have you seen Ralph?

Missing from his home in Buckland Filleigh
EX21 5PQ on Sunday 23rd April, Jack
Russel Terrier who is shy but friendly and is
very much loved and we are praying for his
safe return, he is microchipped but doesn't
have a collar

PLEASE RING 01409 281535 or take him
to your local vets



LANGTREE INDOOR MARKET



SUPPORTING LOCAL TRADERS



EVERY THURSDAY 10AM - 2PM

Come along and browse our
large range of stalls and meet
our welcoming local traders.

We also offer a selection
of delicious meals and hot
and cold refreshments.

Find us at:

Langtree Parish Hall, Langtree, Near Torrington, EX38 8RH.

You will find:

Local Meat. Veg. Fruit.
Flowers. Cakes. Jams.
Pastries. Pickles. Pet
Food. Fudge. Crochet.
Jewellery. Forever Living
Books. Cards. Paintings.
Household Essentials.
Woodwork. Candles.
Scarves. The Body Shop.
Books and lots more !



Find us at www.facebook.com/langtreeindoormarket



WEST HEANTON LTD

is Recruiting



West Heanton is a family run company based in beautiful countryside in Buckland Filleigh near Shebbear. We have been providing residential care for 25 years with the aim that care should be provided by a familiar face at regular times with a friendly, family feel. If this is something you feel passionately about we would really like to hear from you, experience welcome but not essential as full training is provided.

We have expanded and now provide home care support and day care for the local community and need flexible staff to help us provide for the changing needs of our clients.

Meals on Wheels

We provide a hot meal delivery service with daily freshly cooked meals from the home to people living in our home care area

Home Care

Providing care to people living in their own homes in the area shown on map.

- Staff paid per shift not per visit so travel time included
- Pool Cars provided so you don't have to use your own
- Provider for the NHS Devon Care's initiative

Care Home and Supported Living

West Heanton has 23 bedrooms and 7 supported living apartments. We are able to support people as individuals with a range of needs including Dementia, Parkinson's disease and mobility challenges. Our aim is to create a homely comfortable atmosphere which meets people changing needs so that they can continue to live with us.

Activities Hall

Providing daily entertainment and crafts for people from the home or from the local area to join us for the day.

- Transport can be provided from the local area.
- Cooked Meal
- Dedicated Activities staff

Employment Benefits

- Regular Shift patterns over two-week period
- 5.6 weeks Holiday per year
- No Zero hours contract unless requested
- Access to regular training and courses as well as support from the North Devon NHS Care Home Team
- Flexible approach to shifts via online rota to allow people to move, increase or decrease shifts
- Individual Contract hours to suit people's own circumstances



Location of Care Home and Home Care Area



For more information and enquiries contact

Tom Bond (Manager) on 01409 281754

or send CV to jobs@westheanton.co.uk

www.WestHeanton.co.uk

Fitness and Well Being

Neil Harris – Physio & PT	- 01237238819
Torrington Hypnotherapy	- 07814522591
Yoga	- 01409 261344

Pubs and Food Services

Green Dragon Inn	- 01805601 342
Union Inn	- 01805601626
Stapleton Yoghurts	- 01805601414
West Heanton Meals on Wheels	- 01409218754

Marland Meats	- 01805601245
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Hairdressers & Beauty treatments

Lucy Coles	- 07920828181
Christina Thomas	- 01805601910
Tina's Treatments	- 07552676076

Builders and Trades

Tim Langmead Builder	- 01805601500
Pat Mitchell & Son Builders	- 01805601415
Wayne Hill Painter	- 01805625238
S.D Martin – Plumber	- 01409240240
KJ Bromell – PVC Windows	- 01288357020

Other Services

P&S Sanders	- 01805601280
Peter Hearn Septic Tanks	- 01805601286
ACM Web Site Design	- 07812772638
Beamtree Interiors	- 01805601785
DES Mobile Repairs	- 01805601546
Jo Wilson Gardening service	- 01805601444
Qualified Math Tutor	- 07884232308
Accountant/Book Keeper	- 07884232308
GW Architects Ltd	- 01409281362
Honeybee Floral Art	-

Suppliers

TT Fire Wood	- 07884080171
Bridgeman's	- 01409261321
Grascott Firewood	- 01409281393
West Heanton Care Service	- 01409281754

Accommodation

The Old Rectory B&B	- 01805601602
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Emergency Details

Crime Stoppers	- 0800 555111
General Enquires is now	- 101
Out of Hours GP	- 111
Shebbear Surgery	- 01409281212

Police Email

melissa.baker@devonandcornwall.pnn.police.uk

What's On in Langtree

Local Contacts

Parish Hall Bookings	- 01805601609
Langtree Church	- 01409281424
Langtree Methodist Chapel	- 01409281262
Langtree Primary School	- 01805601354

Health & Keep Fit

Pilates – PH –Term Time only Mon 9:10am till 10:10am

Body Blast - Parish Hall Mon 6:15pm to 7:15pm

Short Mat Bowls – (PH)

Mon 7:30pm – 9:30pm

Wed 1:15pm – 3:30pm & 7:30 – 9:30pm

Shebbear Surgery Health Club

Last Tue of the Month 2-3pm

Clubs and Groups

Hobbies, Arts and Crafts Group Tue 10:30 to 12:30 (PH)

Parish Whist Drive - £2 entry - 7.30pm (PH) – Fourth Thursday of the month

Little Acorn's Wed 9am to 12pm (PH) Term Time

Woman's Institute

7:30pm to 9:30pm - 3rd Wed of Month (PH)

History Group

7:00pm to 9:00pm – 4th Wed of month (PH)

TGIF Club 2nd Friday of Month, 3.15pm – 5.15pm (PH)

Bible Study and Meal – Thursday Evenings 7:15pm (MC)

Langtree Market & Cafe – Thursdays 10am to 2pm(PH)

Other Services

Mobile Post Office at the (PH) Car Park

Mon to Wed & Fri 11:40am to 13.05am

Parish Council Meetings

7:30pm to 8:30 – 2nd Thu of the Month

Mobile Library -

Langtree on a Thurs - Parish Hall 10:40 - 11:15 Mar

May 18th, Jun 15th and July 13th

Stibb Cross on a Wed - Union Inn 15:35 - 16:35

May 10th, Jun 7th and July 5th